

INNERGLOW

Recharge & refuel so you're ready to do it all over again.

MASSAGE

AWAY SIGNATURE MASSAGE

ENERGISES · BALANCES · SOOTHES

Restore your mental and physical well-being, with this fusion of massages from around the world. This treatment improves microcirculation, relaxes muscles, while restoring your physical and mental well-being.

..... 30/60/90 MINS £50/£100/£145

COLOUR THERAPY

Choose from five colours, each represented by an emotion, to experience a deep and unforgettable Altearah Bio Perfume Colour Therapy Massage. The treatment will evoke positive emotions to brighten and uplift your spirit.

..... 30/60 MINS £55/£105

SHOPPED! OH I'VE DROPPED

STIMULATES · REVITALISES · RECHARGES

Put your feet up and your bags down. This massage includes a soothing Algotherapy mask for your achy calves, tension reliving movements and stretching for absolute full body relaxation.

..... 60 MINS £100

HOT STONES

D STRESS · CIRCULATION · SOOTHES

Heat is slowly released from the volcanic stones to relieve tension and soothe stress deep within the muscle.

..... .60/90 MINS £105/£155

FEEL THE PRESSURE

STIMULATES · SOOTHES · RELIEVES

To alleviate stress and deep seated tension over the entire body, using techniques of acupressure, stretches and deep flowing movements.

..... .60/90 MINS £105/£155

MUMMY MASSAGE

NURTURING · COMFORTING · SOOTHING

Take the weight off your feet and enjoy this nurturing and relaxing full body massage

..... 60 MINS £100

BODY

VIBRANT ME!

EXFOLIATES · REVITALISES · FIRMS

Your body will be polished with micronized bitter citrus orange lava and bamboo leaving you smelling lush, feeling smooth and vibrant.

..... 30 MINS £45

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RITUALS

WIND DOWN AND... RELAX

OXYGENATES · HYDRATES · DECONGESTS

A destressing acupressure back, foot and scalp massage with an oxygen therapy face treatment. This ritual not only detoxifies and hydrates the targeted areas, but also relaxes your body, thus providing an amazing sense of calm and well-being.

..... .60MINS £105

BACK TO LIFE

FIRMS · REVITALISES · BRIGHTENS

A destressing acupressure back, foot and scalp massage with an antioxidant face treatment. Recharges the vitality of your skin, based on the benefits of vitamin C. Enjoy a powerful infusion of antioxidant properties in a true sensory treatment.

..... .60MINS £105

PACKAGES

TREAT AWAY

AWAY Scrumptious Scrub 30min

AWAY Signature Massage (Lomi Juma) 30min

AWAY Signature Facial 30min

..... 90 MINS £120

SHIMMER & SHINE

AWAY Scrumptious Scrub 30min

I Need Oxygen Facial 60min

Express Manicure / Pedicure 30min

..... 120 MINS £165

SCRUMPTIOUS MUMMY

Mummy Massage 60min

AWAY Signature Facial 30min

..... 90 MINS £140

OUTERGLOW

Look fab fast with of-the-moment beauty fixes.

FACIALS · NATURA BISSE · REN

AWAY SIGNATURE FACIAL

REVEALS · RENEWS · EXFOLIATES

Face it, your skin needs some love. Using 5 AHAs, this triple exfoliating peel will give you that fabulous camera ready look. Just apply makeup and step into the spotlight!

..... 30 MINS £55

ZESTATION

REVITALISES · STIMULATES · FIRMS

This powerful antioxidant treatment will restore skins vibrancy as well as counteracting pigmentation, resulting in a luminous and radiant complexion.

..... 60 MINS £105

GLOW & GO

DETOXIFIES · RESTORES · HYDRATES

Reveal a new, glowing skin with the perfect antidote to counteract damage caused by fast paced, modern lifestyle. An enzymatic peel with gentle steam and deep detoxification.

..... 75 MINS £112

I NEED OXYGEN

PURIFIES · BRIGHTENS · BALANCES

The revitalising power of pure oxygen will decongest and brighten a tired dull complexion restoring maximum hydration.

..... 60 MINS £100

REN BESPOKE FACIAL

CALMING · BALANCING · HYDRATING

An energising, purifying facial designed to enhance naturally happy, healthy skin. For all skin types.

..... 60 MINS £100

REN EXPRESS FACIAL

CLEANSING · PURIFYING · CALMING

A purifying taster facial

..... 30 MINS £55

SU-MAN BESPOKE FACIAL

A unique fusion of Asian wisdom and Western science specifically created to awaken, lift and energise the face.

..... 60 MINS £250

PERKS

15 MINS

❑ DANCING FEET Foot and lower leg massage £15

❑ MAGIC HANDS Hand and arm massage £15

❑ EYE 'M UP Eye treatment £15

❑ SCALP REVIVE Dry scalp massage £15

OUTERGLOW

Look fab fast with of-the-moment beauty fixes.

FABULOUS NAILS

LEIGHTON & DENNY - CND SHELLAC

AWAY RED CARPET MANICURE 60 MINS £55

AWAY RED CARPET PEDICURE 60 MINS £65

GENTLEMEN'S MANICURE OR PEDICURE 45 MINS £45

SHELLAC MANICURE 45 MINS £45

SHELLAC PEDICURE 45 MINS £50

SHELLAC REMOVAL 15 MINS £15

EXPRESS MANI 30 MINS £35

EXPRESS PEDI 30 MINS £40

WAX AWAY

OUTBACK ORGANICS

BRAZILIAN / HOLLYWOOD HOT WAX 45 MINS £45

EXTENDED BIKINI 30 MINS £25

BIKINI 20 MINS £20

MEN'S CHEST/BACK 45 MINS £45

FULL LEG 45 MINS £45

HALF LEG 30 MINS £25

FOREARM 25 MINS £20

LIP/CHIN 15 MINS £15

EYEBROW DESIGN 15 MINS £20

UNDER ARM 15 MINS £20

TINT'S

EYELASH TINT 15 MINS £20

EYEBROW TINT 15 MINS £20

LASH & BROW TINT 15 MINS £35

AFTERGLOW

Get red-carpet-ready with the glamorous finishing touches of our celebrity therapists James Harknett, the Tom Ford of tanning, and Adam Bennett, London Fashion Week's favourite hairstylist.

SPRAY TAN

30 MINS / £50

PUNTA DE MITA

Fresh and natural, this tan gives you that day-at-the-beach bronze with a little something extra: 3d contouring that ensures even coverage and a multi-tonal effect.

SOUTH BEACH

Light butterscotch filters flatter everyone and an extra boost of colour along the chest and shoulders is a secret weapon for going strapless.

VIEQUES

Flattering for every skin tone, this taupe tan gives you a natural supermodel effect using a double strength formula for extra curve enhancement and making you look like a natural beach-babe.

DOHA

Dark and dreamy, this beautiful tan with a pearlised effect is one of the most popular hues, especially for olive, Asian or dark skin tones.

HAIRSTYLING

COMPLETE LOOK

Adam considers everything before reaching for the scissors. He will analyze your face shape, hair texture and type in order to ensure a bespoke style is executed ensuring that suits you and your lifestyle.

..... £130

SHAMPOO & FINISH

The style options are limitless when it comes to your blow out - Think smooth & sleek, big & bouncy or beach babe Tousled.

..... FROM £70

HAIR UP

Elegant. Extravagant. Undone. Simple. You choose.

..... FROM £50

EXPRESS BLOW DRY

The perfect look, in the blink of an eye.

..... £40

REMIX RITUALS

15 minutes of indulgence is all it takes to transform your hair, leaving you feeling radiant and runway ready. Chose from:

Renew : For new and next hair

Moisture: Unlock intense shine

Replenish: Recharge tired locks

..... FROM £40



Whether you're overworked, under-slept or partied out, AWAY promises the outcome you need, in the time you have, with the perks you want to **GET YOUR GLOW ON.**

INNERGLOW

Tailor-made treatments to detox, de-stress & rejuvenate.

OUTERGLOW

Targeted tune-ups and on-demand beauty fixes.

AFTERGLOW

Perks that keep you looking & feeling fab long after your AWAY visit.

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HOURS OF OPERATION
Tuesday – Friday 11am – 8pm
Saturday – Sunday 10am – 7pm
Closed on Monday

RESERVATIONS

We do accept walk-ins when availability allows.
To avoid disappointment, please book in advance

ARRIVAL AT AWAY SPA

We would advise that you arrive 30 minutes prior to your spa treatment to allow sufficient time to change into your robe and unwind. As a courtesy to all our guests we do operate a prompt appointment schedule. Late arrival may mean your treatment time is reduced at full treatment price or that we are unable to honour your booking.

AGE REQUIREMENT

Children under 16 years of age are not permitted in FIT.
Guests must be 18 years old in order to have a spa treatment.

EXPECTING MUMS

Pregnant and nursing mothers are not permitted to use the Sauna & Steam Room. Children under 16 years old are not allowed to use the Sauna & Steam Room.

FIT DRESS CODE

Guests must wear appropriate fitness clothing and footwear in the gym and studio.

SAUNA & STEAM

Guests are required to wear swimming costumes at all times. Guests must shower before using the Sauna & Steam Room.

RESPONSIBILITY

All Guests are required to sign a disclaimer form in order to use the gym.

CANCELLATION

Please allow 24 hour's notice of cancellation to avoid a 50% charge.

AWAY
SPA BY
W HOTELS

SPA MENU