



# MEMBERSHIP SHAPE

*Le* MERIDIEN

EDEN SPA & HEALTH CLUB  
TOURIST CLUB AREA, P.O. BOX 46066  
ABU DHABI, UAE  
T+971 2 6974354/207/372  
F+971 2 644 0348  
[spa.lmad@lemeridien.com](mailto:spa.lmad@lemeridien.com)

## SPA MEMBERSHIP

MEMBERSHIP	ACCESS AND FACILITIES	CATEGORY	ANNUAL	6 MONTHS	3 MONTHS
			REGULAR RATE	REGULAR RATE	
PLATINUM	Pool, Beach, Sauna, Gym, Tennis, Squash, Spa (Turkish Hammam, Steam Room, Aqua Medic Pool)	Single Male	AED 10,000	AED 6,500	AED 3,500
		Single Female	AED 7,000	AED 4,600	AED 2,500
	Couple + 2 Children 0-5 yrs	AED 14,000	AED 8,500	AED 4,500	
	Children (6-15 yrs)	AED 1,500	AED 1,000	AED 600	
SILVER	Pool, Beach, Gym	Single Male	AED 8,500	AED 4,750	AED 2,750
		Single Female	AED 5,500	AED 3,250	AED 1,900
	Couple (+ 2 Children 0-5 yrs)	AED 10,000	AED 6,000	AED 3,500	
	Children (6-15 yrs)	AED 1,500	AED 1,000	AED 600	
Pool, Beach, Gym & Squash	Teen Club (16-18 yrs)	AED 4,800	AED 2,500	AED 1,600	

### Please Note:

- Children under 16 years are not permitted to use the spa facilities, sauna & gym.
- Children under 16 years are not permitted to use the Tennis court without supervision of the guardian.
- Children under 10 years are not permitted to use the Squash courts.
- Please provide copy of passport upon joining the club.
- Personal training, swimming lessons, squash lessons are available, more details from the spa reception.

## OPERATION TIMING

TIMING	
POOL	Summer Time 8:00 am - 8:45 pm Winter Time 8:00 am - 7:00 pm
BEACH	8:00 am till Sunset
GYM	6:00 am - 12:00 midnight
SQUASH / TENNIS	6:00 am - 10:00 pm
SPA	9:00 am - 11:00 pm
SPA TREATMENT	10:00 am - 11:00 pm
SPA LADIES TIMINGS SATURDAY, SUNDAY AND TUESDAY 8:30 AM - 11:00 AM	

All Prices are inclusive of 10% Service charge and 6% tourism fee

# ENTRANCE FEE



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## DAILY ENTRANCE FEES

POOL/BEACH	WEEKDAY	WEEKEND	PUBLIC HOLIDAY
SINGLE	AED 90	AED 145	AED 180
COUPLE (+ 2 Children under 6 yrs)	AED 150	AED 275	AED 300
CHILD (6 - 15 YRS)	AED 45	AED 70	AED 100
<b>FULL ACCESS (AQUAMEDIC POOL, TURKISH HAMMAM, JACUZZI &amp; STEAM ROOM) + POOL &amp; BEACH</b>			
SINGLE	AED 150	AED 200	AED 275
COUPLE	AED 250	AED 350	AED 500
<b>SQUASH COURTS RENTAL</b>	<b>40 MINS</b>	<b>40 MINS</b>	<b>40 MINS</b>
SINGLE	AED 70	AED 90	AED 100
COUPLE	AED 130	AED 175	AED 180
<b>TENNIS COURTS RENTAL</b>	<b>1 HRS</b>	<b>1 HRS</b>	<b>1 HRS</b>
SINGLE	AED 70	AED 75	AED 100
COUPLE	AED 130	AED 140	AED 160
<b>VOLLEYBALL COURTS RENTAL</b>			
SINGLE	AED 50	AED 75	AED 85

- Children under 16 years are not permitted to use the spa facilities, sauna & gym, Tennis courts without supervision of the guardian
- Children under 10 years are not permitted to use the squash courts.
- Daily entrance to the pool and beach maybe restricted due to in house occupancy of the hotel.
- Children above 5 years old will be charge.
- Prices may change without prior notice.
- Squash court rental 40 min. only
- Tennis court rental 60 min. only
- Volleyball court entrance 120 min. only

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# WATER SPORTS



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## WATER SPORTS

ACTIVITY	DURATION	RATE
WATER SKIING	10 MINUTES	AED 75
KNEE BOARDING	10 MINUTES	AED 75
WAKE BOARDING	10 MINUTES	AED 75
TUBE RIDING	10 MINUTES	AED 75
TUBE RIDING	10 MINUTES - 2 PAX	AED 150
TUBE RIDING	10 MINUTES - 3 PAX	AED 200
SKIING AND BOARDING'S PACKAGES	10 MINUTES - 10 SESSIONS	AED 700
WATER SKIING, KNEE BOARDING, WAKE BOARDING LESSON	30 MINUTES - 1 LESSON	AED 185
WATER SKIING, KNEE BOARDING, WAKE BOARDING LESSON	30 MINUTES - 5 LESSONS	AED 750
KAYAKING	30 MINUTES	AED 35 / 1 SEAT AED 60 / 2 SEATS
STAND UP PADDLE RENTAL	30 MINUTES	AED 35
BOAT RIDE	30 MINUTES	AED 250
ROMANTIC SUN SET CRUISE	LOVELY SUNSET	AED 750
	ROMANTIC HORIZON	AED 1000

- All rates above are per person.
- Minimum 2 people - \*Maximum 4 people
- Management may at his discretion shorten, change or cancel an activity at any stage if it is believed that an unacceptably high level of risk may result from not doing so and which could be caused by forecasted weather conditions.
- Participants must sign a disclaimer form before performing or accessing any water sports activities/facilities

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# PERSONAL TRAINING



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# PERSONAL TRAINING

PERSONAL TRAINING	MEMBER	NON MEMBER
1 SESSION	AED 150	AED 200
10 SESSIONS	AED 1400	AED 1800
BODY REVOLUTION PACKAGES		
1 MONTH	AED 1999	AED 2999
2 MONTHS	AED 2999	AED 3999
3 MONTHS	AED 3999	AED 4999
GROUP LESSONS		
1 CLASS	AED 30	AED 35
10 CLASSES	AED 250	AED 350

- Body Revolution Packages are inclusive of value added additional spa benefits
- Proper gym attire needs to be worn at all times
- Fitness program fees are non-refundable.
- This program cannot be used in conjunction with other discounts & promotions.
- Advanced booking and cancelation for Fitness Program is required.
- Fitness services cannot be extended beyond the expiry date
- Each client will be signing a waiver and release form before enrolling any of the sessions

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# SWIMMING LESSONS



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# SWIMMING LESSONS

10 LESSON SPACKAGE					
MEMBER			NON-MEMBER		
	CHILDREN	ADULTS		CHILDREN	ADULTS
1 PERSON	AED 1175	AED 1200	1 PERSON	AED 1275	AED 1300
2 PERSONS	AED 775 EACH	AED 800 EACH	2 PERSONS	AED 850 EACH	AED 875 EACH
3 PERSONS	AED 650 EACH	AED 675 EACH	3 PERSONS	AED 700 EACH	AED 725 EACH
4 PERSONS	AED 550 EACH	AED 575 EACH	4 PERSONS	AED 600 EACH	AED 625 EACH
5 LESSON PACKAGE					
MEMBER			NON-MEMBER		
	CHILDREN	ADULTS		CHILDREN	ADULTS
1 PERSON	AED 625	AED 650	1 PERSON	AED 675	AED 700
2 PERSONS	AED 450 EACH	AED 475 EACH	2 PERSONS	AED 500 EACH	AED 525 EACH
3 PERSONS	AED 300 EACH	AED 425 EACH	3 PERSONS	AED 450 EACH	AED 475 EACH
4 PERSONS	AED 325 EACH		4 PERSONS	AED 375 EACH	
1 LESSON PACKAGE					
MEMBER			NON-MEMBER		
	CHILDREN	ADULTS		CHILDREN	ADULTS
1 PERSON	AED 130	AED 140	1 PERSON	AED 140	AED 160
2 PERSONS	AED 100 EACH	AED 110 EACH	2 PERSONS	AED 110 EACH	AED 110 EACH

- Lesson duration is 45 min only.
- The package is valid for 3 month only from the purchase date.
- If you would like to cancel or reschedule an appointment kindly inform us 6 hours in advance to avoid the cancellation charges
- Proper swimming wear is required.

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# SQUASH LESSONS

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# SQUASH LESSONS

Learn how to play squash with our certified and experienced squash coach who offers lessons for all levels.

**BEGINNERS** – Learn all the basic skills and principles of the game and improve your fundamentals of the game.

**INTERMEDIATE** – Improve your technical development, court awareness. Learn to tactical play and develop your ground strokes.

**ADVANCED** – Improve on application of tactics and your positional aspects of the game.

DURATION	PER 1 LESSON	PACKAGE OF 10 LESSONS
MEMBER LESSONS	AED 80	AED 740
NON-MEMBER LESSON	AED 100	AED 990

**Please Note:**

- Lesson duration is 40 min only.
- The Package is valid for 3 month only from the purchase date.
- If you would like to cancel or reschedule an appointment kindly inform us 6 hours in advance to avoid cancellation charges.
- Non-marking shoes and proper Squash attire are required.

For more information kindly call The Eden Spa Reception (02) 6974 354

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EDEN  
SPA

ART OF WELLNESS



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## SUNDOWN IN EDEN SPA (EXCLUSIVE LADIES EVENING)

Eden Detoxifying Green Smoothie / Healthy fruit and veggie platter with PHYTOMER and ELEMIS treatment and selected body treatment and massages.  
Get access to Sauna, Steam, Jacuzzi, Aquamedic pool, mixed use of outdoor pools.

	THE TREATMENT	RATE	SPA, POOL & BEACH ACCESS	PACKAGE INCLUDES
Sundown #1	*ELEMIS Deep Tissue Massage Body Massage	*399 AED Net 60 Min. *489 AED Net 90 Min.	YES	*EDEN Detoxifying Green Smoothie.  *Choice of Healthy drinks, juices and mix nuts
	**Relaxing/ Aroma/ Thai /LM Deep Tissue Body Massage	**370 AED Net 50 Min. **430 AED Net 80 Min.		
Sundown #2	*ELEMIS The Luxurious Result-Driven Facial	*580 AED Net 75 Min.	YES	
	**PHYTOMER Moisturizing Facial	**530 AED Net 75 Min.		
Sundown #3	*ELEMIS Deep Tissue Body Massage + Elemis Lime & Ginger Salt Glow Body Scrub	*650 AED Net 105 Min.	YES	
	**Relaxing / Aroma / LM Deep Tissue Body Massage + Aroma Salt Scrub	**530 AED Net 80 Min.		
Sundown #4	*ELEMIS Deep Tissue Body Massage + ELEMIS Skin Specific Facial	*770 AED Net 120Min.	YES	
Sundown #5	Indian Traditional Mind & Body Relaxation Treatment (AYURVEDA)	459 AED Net 90 Min	YES	

### Please Note:

- This promotion can be avail every last Wednesday of each month.
- Entrance fee for non-booking females AED 150
- Advance booking is a must.
- If you would like to cancel or reschedule an appointment kindly inform us 24 hours in advance to avoid cancellation charges.

For more information kindly call Eden Spa reception (02) 6974 354

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